

HOLY CROSS POETRY WALK

22. Corner of Wheeler Beach



Find the map and follow other stops along this poetry walk at: <https://crossworks.holycross.edu/poetry2021>

Recommended citation: Acquilano, Grace, "22. Want to Get Skinny Fast?" (2021). *Campus Poetry Walk* (2021).
22. <https://crossworks.holycross.edu/poetry2021/22>

HOLY CROSS POETRY WALK

WANT TO GET SKINNY FAST?

Memorize the scale, eat less, exercise more.
Eat the cake and your jeans will cut your waist.
Burn six-hundred calories, triumph the emptiness in your core.

Count your carbs, proteins, and fats like a chore.
Chew smaller bites and savor every taste.
Memorize the scale, eat less, exercise more.

Ignore the chill in your veins, and your stomach that roars.
Chug a gallon of water and fight second portions with toothpaste.
Burn six-hundred calories, triumph the emptiness in your core.

Fast after 8:00pm, fashion magazines will be your mentor.
Drink this Tummy Tea and your love handles will erase.
Memorize the scale, eat less, exercise more.

Avoid restaurants and the rainbow awning of candy stores.
Cardio is bad for fat loss and only lift heavy weights.
Burn six-hundred calories, triumph the emptiness in your core.

Smile at your popped rib cage and abs you didn't have before.
You can finally wear a bikini and crop top with grace.
Memorize the scale, eat less, exercise more.
Burn six-hundred calories, triumph the emptiness in your core.

- Grace Aquilano